

#### TRINITY GRACE CHURCH EXPLORERS ACTIVITY GUIDE SUNDAY, APRIL 26, 2020

### INTRODUCTION

In **Luke 24:13-35**, we find two followers of Jesus on their way to Emmaus. From what we read, it seems they were sad and confused by Jesus' death on the cross. Little did they know that Jesus was walking with them. He explained how Jesus' death was the answer to years of God's promises to the Israelites. They were shocked when they realized that this person was Jesus. They ran back to Jerusalem to tell everyone about what they had just seen.

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### **BIBLE STORY**

On the Road to Emmaus — Luke 24:13-35

### **MEMORY VERSE**

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourself." — Philippians 2:3 NIRV

#### LIFE APP

Humility — putting others first by giving up what you think you deserve.

BOTTOM LINE	BASIC TRUTH
There's always more to discover	l should treat others the way l wanted
about God's plan.	to be treated.

# **JOURN** JESUS CHANGES EVERYTHING

Parent Cue • K-3 • Week of April 26th

Use this guide to help your family learn how God can help us live with humility. First, watch this video https://bit.ly/KidsUpsideDownWeek4 Then follow up with the activity below!

### MEMORY VERSE

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourself. Philippians 2:3 (NIRV)

### LIFE APP

HUMILITY: putting others first by giving up what you think you deserve

### **BIBLE STORY**

On the Road to Emmaus Luke 24:13-35

### **BOTTOM LINE**

There's always more to discover about God's plan.

## PE PARENT CUE

Download the free Parent Cue App AVAILABLE FOR IOS AND ANDROID DEVICES

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# **ACTIVITY: CUP-SIDE DOWN**

#### WHAT YOU NEED:

a bunch of plastic cups (any non-breakable cups will do; try to gather 20 of them)

#### WHAT YOU DO:

Have one person designated to read the story. Then divide the rest of your crew into two teams. (They can be teams of one person!) One team will be the "Ups" team and the other will be the "Ups-ide Down" team. Give each team an equal number of cups, and instruct them to place the cups up or down around the room, depending on which team they're on. (Ups will place cups right-side-up and Ups-ide Downs will place cups, well, upside down.)

When the game starts, the reader should read a few sentences from the Bible story: Luke 24:13-35. Whenever the reader pauses the story and calls "PAUSE," the teams get 10 seconds to flip over any cups that aren't turned in their team's direction. The reader counts to 10 and then calls, "STOP!" and the teams stop immediately. (To make it extra-competitive, anyone who's caught not stopping has to turn two cups over in the other team's direction!)

When the reader gets to the end of the story, whichever team has the most cups turned in their team's direction wins! Play again, this time switching up who the reader is.

#### Talk about the Bible story:

- o What was the most important thing that the men on the road to Emmaus discovered? (Who Jesus is and that He is alive)
- o What's something that you discovered in this story?
- Part of humility is about being willing and open to learning new things. What is one new thing you've learned recently? (Note: If it works/is appropriate for your family, engage your child in a discussion about what they can learn about themselves and your family through the COVID-19 pandemic.)
- o There's always more to discover about God's plan. How do we learn more about God and His plans for us? (By reading the Bible, asking questions, praying, talking about **God with someone else who follows Him)**

# PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime right before bed tonight:

"Dear God, thank You that we'll never stop learning more about You and Your plans for us. Life can get kind of scary sometimes. But we know that You are bigger than life's biggest struggles, and Your plans for us are good. Help us to always be ready to learn new things about You and about this life You've given us. In Jesus' name we pray, amen."

### **DISCUSSION QUESTIONS**

- Why is it so hard for us to admit when we don't know something?
- If there's always more to discover about God, how do we do that? (*Bible reading, prayer, mentor/wise person, application of what you're learning*)
- How can you show humility when it comes to discovering new things?
- Have you ever had someone tell you or teach you something you

already knew? How do you show humility in that kind of situation?

— Is it okay to let others know that you already know something?

### QUESTIONS?

<u>Contact us</u> with any questions you have about this activity guide. Please note, we can best support you during the week (Monday thru Friday). No question is too big or too small. We're here to help! With love, Elisa Booker and Danielle Swink



# READ PSALM 143:10

#### What is the very first word of today's verse?

HUMILITY

**PUTTING OTHERS FIRST** 

BY GIVING UP WHAT YOU THINK YOU

DESERVE

King David, who wrote these words, isn't asking God to teach him some fun facts or information. He's asking God to teach him to be obedient, to do what God wants, instead of going his own way. David faced a lot of tough stuff in his life. In this Psalm to God David humbly asks God for help in following Him so that he can avoid making big mistakes.

When we disobey God and go our own way, we face some not so awesome consequences. David knew that God's way was better. Just like David, when we discover how God wants us to live and we follow His way in obedience, we'll be on the smoothest path for sure.

The next time you're riding in the car and you hit a bump in the road, remember this verse. Ask God to teach you to do His will knowing that He will lead you on level path, even through the bumps of life.

# **READ PSALM 25:4**

What does the word "teach" mean? Write your own definition in the space below:

To teach means to show or to explain how to do something. As an elementary kid, you know a thing or two about teachers. Good teachers make learning fun; they care about you and they challenge you along the way. The fact that you can read these words right now is probably because a teacher taught you how to read. **Your heavenly Father also wants to teach you.** God loves you and wants to show you His plan for your life. But just like you have to listen and pay attention in order to learn from your teachers at school, you have to listen to God. Reading God's word, praying to God, and talking about Him with your friends and leaders at church are all great ways to listen to God and learn how He wants you to live.

Every time you pick up a pencil at school or at home this week, say these words to God: "Teach me how to follow you." God wants to help you follow Him with humility, understanding that there's always something new to learn.



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# **READ PSALM 25:5**

**Humility is understanding who God is.** It's trusting God's way and following Him instead of thinking our way is best. It's recognizing that as we grow in our relationship with God, there is always something new to learn.

In today's verse, David asked God for two things: To guide and to teach. You could pray these words just as David did. Why? Because God is your Savior. He sent His only son to rescue you so that you could have a relationship with Him forever. **We can put our hope in God**, **when?** Only in the morning? Afterschool? Nope, all day long.

Grab four sticky notes. Write each sentence of Psalm 25:5 on a separate note. Then, stick your notes on four different clocks or in four different places around your house where you spend time. Each time you read a phrase this week, ask God to teach you how to follow Him, knowing there's always something new to discover.

# READ PSALM 25:9

Have you ever watched a Charlie Brown cartoon on TV? In the show, the adults have these sort of "wahwah" sounding voices. George Shultz, who created the Peanuts comic, wanted to focus on Charlie Brown and his friends, so he chose an instrument to replace all the adult voices in the cartoon. Can you guess the instrument he chose?

#### Write your answer here:

Did you guess a trombone? Because you can't talk to God face to face, you might think that hearing from Him is like trying to listen to Charlie Brown's teacher. But hearing from God isn't complicated. You can hear from God every time you open His word.

Learning from God requires humility. He shows those who aren't proud how to do what is right. Because God is in control of all things, we need to trust that His way is better than our way. We have to put Him first, knowing there is always something new we can discover about Him.

Ask an adult to help you find a trombone sound on the computer. As you listen, say the words "Teach me your way" as a prayer to God. Humbly ask for His help so you can do what is right.

THERE'S ALWAYS MORE TO DISCOVER ABOUT GOD'S PLAN.





# DAY 4

**APRIL 2020** 





### **WEEK FOUR**

ON THE ROAD TO EMMAUS • LUKE 24:13-35



### HUMILITY: PUTTING OTHERS FIRST BY GIVING UP WHAT YOU THINK YOU DESERVE

### **HOW TO RAISE A JERK**

By Reggie Joiner

Most parents don't set out to raise kids who become jerks. But parenting kids who have a mind of their own can be confusing.

Some people say too many who work hard at building children's self-esteem are raising kids who will exhibit a lifestyle of entitlement and egotism. Other specialists say those who talk about children being innately bad are raising a generation that feels inferior and insignificant. Every expert has an opinion and it's hard to know where the line actually is. Many promote their agenda by pushing the opposing opinion to the extreme.

One of the keys to parenting with balance is helping your children develop an attitude of humility. Every child has the potential to grow up and understand why it's important to "put others first." There is just a fine line between raising kids who have a healthy self-esteem and kids who are too egotistical.

A life of arrogance that goes unchecked can result in a sad and lonely existence for someone, and frankly there are enough self-centered people around. How does someone develop an overinflated sense of self-worth and entitlement?

Here are a few ideas to help you unintentionally, but effectively, raise a jerk:

- Protect them from the consequences of their own mistakes.
- Make sure you do whatever they can do for themselves.

- Keep them away from anyone who thinks differently than they do.
- Try to give them everything they want.
- Tell them over and over again you just want them to be happy.
- Convince them that they are more special than other kids.
- Always take their side when they get in trouble with their teacher at school.
- Always take their side whenever they are in a conflict with a friend.
- Keep insisting that they are the best player on the team.
- Don't give them consistent opportunities to help or serve other people.
- Never require them to do chores.
- Reinforce their prejudices about people from different cultures or backgrounds.
- Make your relationship with them more important than your relationship with your spouse.
- Rarely express genuine gratitude to those who help you.
- Teach them to talk more than they listen.
- Never let them hear you say, "I was wrong. I am sorry."

Maybe you can add a few ideas of your own . . . on how to raise a jerk.

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For more blog posts and parenting resources, visit: **ParentCue.org** 



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