



EXPLORERS ACTIVITY GUIDE

SUNDAY, APRIL 19, 2020

INTRODUCTION

In **Philippians 2:3-8** Paul explains how Jesus is the ultimate example of humility. *As you deal with one another, you should think and act as Jesus did . . . He was humble and obeyed God completely. He did this even though it led to his death, (Nlrv).* As God's Son, Jesus was equal with God, but instead of using that to His advantage, Jesus put us first and made a way for us to have a relationship with God.

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BIBLE STORY

Lean on Me (*Servant Principle*) — Philippians 2: 3-8

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.” — Philippians 2:3 Nlrv

LIFE APP

Humility — putting others first by giving up what you think you deserve.

BOTTOM LINE

Put others first because Jesus put you first.

BASIC TRUTH

I should treat others the way I wanted to be treated.

UPSIDE DOWN

JESUS CHANGES EVERYTHING

Parent Cue • K-3 • Week of April 19th



Use this guide to help your family learn how God can help us live with humility. First, watch this video <https://bit.ly/KidsUpsideDownWeek3> Then follow up with the activity below!

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.
Philippians 2:3 (NirV)

LIFE APP

HUMILITY:
putting others first by giving up what you think you deserve

BIBLE STORY

Lean on Me
(Servant Principle)
Philippians 2:3-8

BOTTOM LINE

Put others first because Jesus put you first.



**PARENT
CUE**

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ACTIVITY: MAY I?

WHAT YOU NEED: nothing!

WHAT YOU DO:

Choose one person to be the leader. (This is a great chance for one of the kids to be the leader!) Have anyone who’s playing the game line up shoulder to shoulder. Position the leader as far away as possible from (but in the same room as) the game participants. The first person comes up with one way to put someone else first. Then the leader gets to decide how big of a deal it would be to put someone first in that way.

- Smaller things (like letting someone else choose that night’s movie) let you move forward one step.
- Medium things (like letting someone else ride your bike or play with your toy) let you move forward two steps.
- And really big things (like doing a chore for someone else when they’ve had a really busy day) let you move forward three steps!

The first person to make it all the way to the leader is the winner!

Play as many times as you want to. You can choose whether or not to let players repeat ideas if everyone starts running out of ways to put others first!

Talk about the Bible story:

- o How did Jesus put us first in a huge way? (*By dying on the cross for us.*)
Explain that this week, you’ll work together as a family to put others first. Have everyone think about the next two questions and write down their answers without letting anyone else see.
- o Who can you put first today?
- o What can you do to put that person first?
As you go through this next week, celebrate whenever someone puts someone else first!

PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

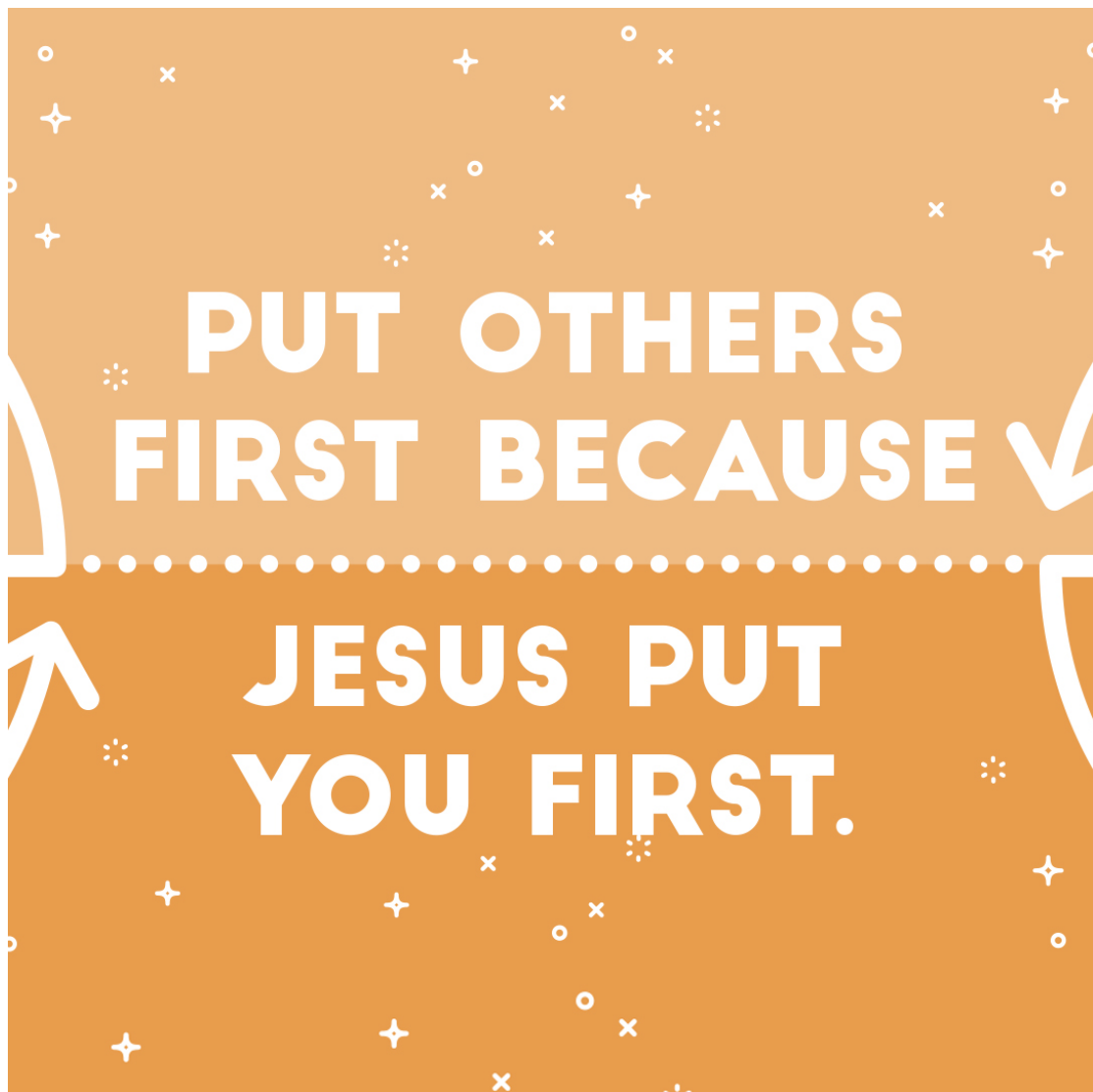
“God, it’s really hard to put others first. Most of the time, we want to make sure we’re doing what WE want to do and getting our own way. But when You sent Jesus to die for us, You turned that thinking upside down! Especially as we have a lot more time together than we normally do, please help us to always be thinking about how to put someone else ahead of ourselves. In Jesus’ name we pray. Amen.”

DISCUSSION QUESTIONS

- How do you know that Jesus put you first?
- Why does Jesus putting us first mean that we need to put others first?
- What keeps you from putting others first? What can you do to get rid of those barriers and put others first more often?

QUESTIONS?

Contact us with any questions you have about this activity guide. Please note, we can best support you during the week (Monday thru Friday). No question is too big or too small. We're here to help! With love, Elisa Booker and Danielle Swink



HUMILITY

WEEK
THREE

2nd-3rd Grade

.....
**PUTTING OTHERS FIRST
BY GIVING UP WHAT
YOU THINK YOU
DESERVE**

READ PHILIPPIANS 2:3

DAY 1

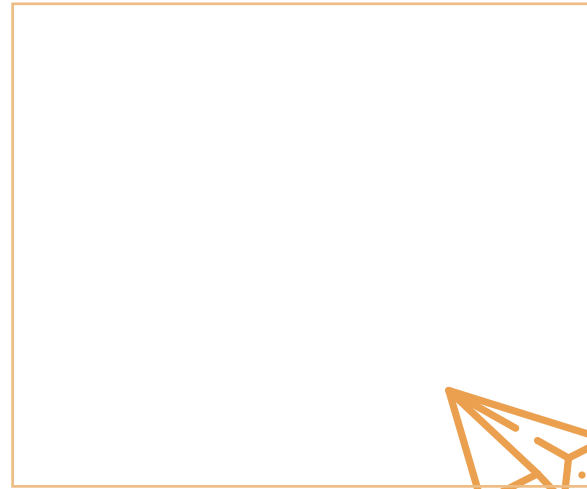
Write out today's verse in the space to the right.
Go ahead. We'll wait.

Done? Awesome. Put a box around the word "anything."
What does that word include? Well, everything! If you
find yourself doing something just to get ahead or
win or be first, "DON'T!" Instead, choose humility.

Humility is putting others first by giving up what
you think you deserve. Our focus should be on others.
When we give up what we deserve, putting others
first just comes naturally.

That's what Jesus did. Did Jesus choose to die on the cross to get ahead? No way! He could have stopped that whole thing any time He wanted to. Jesus could have said, "You know what, I'm done with all this. Send in an army of angels to rescue me." But He didn't. Instead, Jesus faced all the pain of the cross, He gave up everything He deserved to put you first.

So the next time you find yourself doing "anything" to get ahead, stop. Remember what Jesus has done for you and ask Him to help you put others first this week.



READ PHILIPPIANS 2:4

DAY 2

Have you ever completed one of those "hidden picture" pages or tried to spot things in an I Spy book? The most helpful part of those puzzles is the list of things to look for on the side of the page. After all, if you don't know what to look for, you might waste a lot of time searching for the wrong thing.

Today's verse gives us a clue of what to look out for when it comes to following Jesus. Instead of always looking out for your own good, for the things that make you happy, we should do what? Yep, look out for the good of others! When it comes to humility, we always have to put "you" (that's others around us) before "me."

Here's a little "I spy" challenge for you. For the next 24 hours, pay attention to the people around you. If you spot an opportunity to help or do good for someone else, do it. Ask God to help you put others first this week by spying ways you can help!

READ PHILIPPIANS 2:5-7

DAY 3

Jesus chose to leave the beauty and perfection of heaven to come to earth in a human body. He chose to live a regular life instead of entering the world as a rightful king or powerful ruler. Jesus came to serve, to love others, to help, and most importantly, to SAVE. Because of His obedience to live this way and to die on the cross for us, we can have a relationship with God forever. Jesus has given us the ultimate example of humility by choosing to put us first.

Take out of a piece of paper and write the word "JESUS" in large block letters in the center of the page. All around the page, write out words that describe how you could become more like Jesus. Here are a few examples to get you started: loving, listening, serving, helping.

When you finish, take a look at your page and thank God for sending Jesus. Ask God to help you follow Him by putting others first this week.



READ PHILIPPIANS 2:8

DAY 4

Jesus chose to put us first, to do what God asked even though it meant going all the way to the cross. Jesus chose obedience and humility. And because He died and rose again, we can be forgiven and become a part of God's family. If you believe in what Jesus did, if you've made a choice to trust Him as your Savior, then your main job is to treat everyone around you like Jesus did.

Because Jesus *listened* when people were hurting, you should listen well.

Because Jesus *showed compassion* to the people around Him, you should show compassion.

Because Jesus *taught others about God*, you should tell others about Him.

Because Jesus *consistently gave up what He wanted to put others first*, you should put others first too.

Think of someone that's hard to get along with or someone that easily frustrates you. In the space below, write one way you could put that person first sometime this week. Be specific.

Ask God to help you follow through on what you've written so you can put others first just as Jesus put your first.

PUT OTHERS
FIRST BECAUSE

JESUS PUT
YOU FIRST.



WEEK THREE

SERVANT PRINCIPLE • PHILIPPIANS 2:3-8



SAY THIS:

PUT OTHERS FIRST BECAUSE JESUS PUT YOU FIRST.



REMEMBER THIS:

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves."
 PHILIPPIANS 2:3, NIrV



DO THIS:



Some people just seem harder to love than others. But we are all made by God, in His image every person matters to Him. That means that we are called to love everyone. But you don't have to do it on your own. God can give you His love, even for those people in your life who are hard to get along with. Pray that God would help you to show love to the difficult people in your life.

HUMILITY:

PUTTING OTHERS FIRST BY GIVING UP WHAT YOU THINK YOU DESERVE

HUMILITY WINS

By Mike Jeffries

Anyone who ever played for UCLA Basketball Coach John Wooden, one of the greatest coaches of all time, knew that he was more about building character than he was about winning basketball games—although he did both pretty well. His teams won ten championships during a 12-year period, the final one in his last year of coaching in 1975.

He was famous for his “pyramid of success,” fifteen different elements like “competitive greatness” and “teamwork.” But Wooden said one quality was more important than all the rest and made the rest possible: unselfish humility. Wooden would tell his players: “Talent is God-given. Be humble. Fame is man-given. Be grateful. Conceit is self-given. Be careful.”

Be humble. Be grateful. Be careful. Sounds like he had the balance between ego and humility down pretty well.

David Marcum and Steven Smith, in their book *Egonomics*, echo Wooden’s sentiment that unselfish humility is the foundational quality for every other step to success. In their book they state, “As a trait, humility is the point of equilibrium between too much ego and not enough.” It’s the proper tension between a discouragingly low self-esteem and exceedingly high self-confidence.

In a book written for the business world, they make a good point: “As an indispensable trait of great leadership,

humility must make its way past the pulpit of Sunday sermons and into the cubicles and boardrooms. Humility should be our first reflex.”

Of course, on our children’s playgrounds, humility looks a lot different than it does in a workplace, a church, or even a college basketball court. As we explore this idea of humility with our kids, we show them humility doesn’t mean getting stepped on or kicked around, or looking down on themselves. “Humility is not the equivalent of being weak, ignored, indifferent, boring, or a pushover,” according to the book. “Humility must include confidence, ambition, and willpower.”

That’s why we’ve chosen to define humility as “putting others first by giving up what you think you deserve.” That’s a scenario every kid can imagine. And it comes right out of the Bible: **Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourselves.** (*Philippians 2:3, NIV*).

Coach Wooden described it this way: “Don’t try to be better than someone else. Always try to be the best you can be.”



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