



TRINITY
GRACE
CHURCH

SCOUTS & DISCOVERERS ACTIVITY GUIDE

SUNDAY, APRIL 19, 2020

INTRODUCTION

In **Philippians 2:3-8** Paul explains how Jesus is the ultimate example of humility. *As you deal with one another, you should think and act as Jesus did . . . He was humble and obeyed God completely. He did this even though it led to his death, (NIRV).* As God's Son, Jesus was equal with God, but instead of using that to His advantage, Jesus put us first and made a way for us to have a relationship with God.

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2	Activity Page & Discussion Questions	Family Play & Conversations Starters
4	God Time	Weekly Activities for Kids
6	The Parent Cue	Inspiration for Parents

BIBLE STORY

Lean on Me (*Servant Principle*) — Philippians 2: 3-8

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.” — Philippians 2:3 NIRV

LIFE APP

Humility — putting others first by giving up what you think you deserve.

BOTTOM LINE

Put others first because Jesus put you first.

BASIC TRUTH

I should treat others the way I wanted to be treated.

UPSIDE DOWN

JESUS CHANGES EVERYTHING

Parent Cue • K-3 • Week of April 19th



Use this guide to help your family learn how God can help us live with humility. First, watch this video <https://bit.ly/KidsUpsideDownWeek3> Then follow up with the activity below!

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.
Philippians 2:3 (NirV)

LIFE APP

HUMILITY:
putting others first by giving up what you think you deserve

BIBLE STORY

Lean on Me
(Servant Principle)
Philippians 2:3-8

BOTTOM LINE

Put others first because Jesus put you first.



PARENT
CUE

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ACTIVITY: MAY I?

WHAT YOU NEED: nothing!

WHAT YOU DO:

Choose one person to be the leader. (This is a great chance for one of the kids to be the leader!) Have anyone who’s playing the game line up shoulder to shoulder. Position the leader as far away as possible from (but in the same room as) the game participants. The first person comes up with one way to put someone else first. Then the leader gets to decide how big of a deal it would be to put someone first in that way.

- Smaller things (like letting someone else choose that night’s movie) let you move forward one step.
- Medium things (like letting someone else ride your bike or play with your toy) let you move forward two steps.
- And really big things (like doing a chore for someone else when they’ve had a really busy day) let you move forward three steps!

The first person to make it all the way to the leader is the winner!

Play as many times as you want to. You can choose whether or not to let players repeat ideas if everyone starts running out of ways to put others first!

Talk about the Bible story:

- o How did Jesus put us first in a huge way? (By dying on the cross for us.)
Explain that this week, you’ll work together as a family to put others first. Have everyone think about the next two questions and write down their answers without letting anyone else see.
 - o Who can you put first today?
 - o What can you do to put that person first?
- As you go through this next week, celebrate whenever someone puts someone else first!

PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

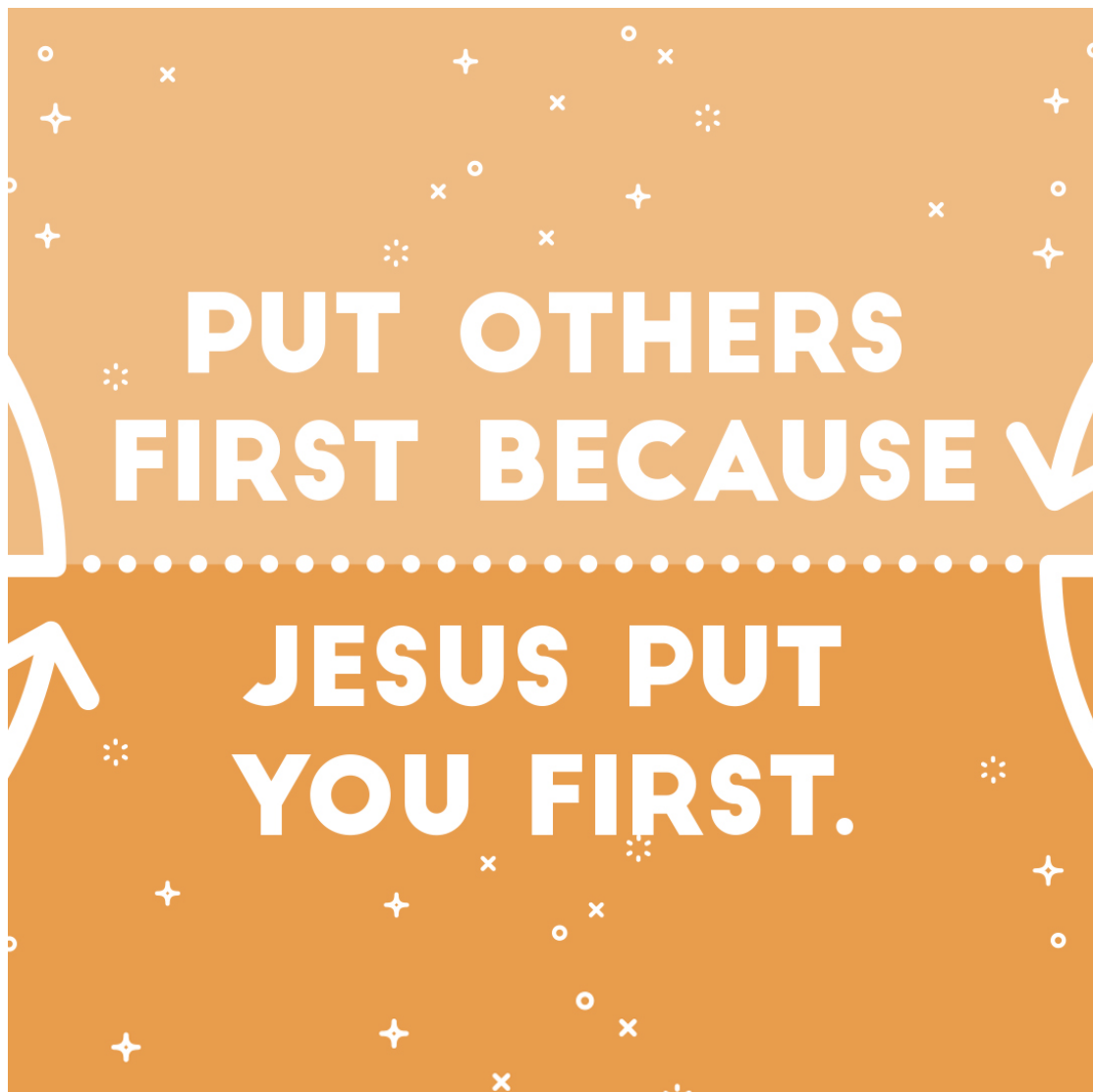
“God, it’s really hard to put others first. Most of the time, we want to make sure we’re doing what WE want to do and getting our own way. But when You sent Jesus to die for us, You turned that thinking upside down! Especially as we have a lot more time together than we normally do, please help us to always be thinking about how to put someone else ahead of ourselves. In Jesus’ name we pray. Amen.”

DISCUSSION QUESTIONS

- How do you know that Jesus put you first?
- Why does Jesus putting us first mean that we need to put others first?
- What keeps you from putting others first? What can you do to get rid of those barriers and put others first more often?

QUESTIONS?

Contact us with any questions you have about this activity guide. Please note, we can best support you during the week (Monday thru Friday). No question is too big or too small. We're here to help! With love, Elisa Booker and Danielle Swink



HUMILITY

WEEK **3**
K-1st

PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

BOTTOM LINE: Put others first because Jesus put you first.

Read Philippians 2:3

DAY
1

The Last Player

Ask your family members if they would like to play a game with you and allow them to pick the game. This can be a game that you already have in your house. After they have decided on the game, allow everyone to take their turn first which puts you last. Allowing everyone to go first shows them that you care more about them than you do being first.

Look for ways that you can always put others first.

DAY
2

Value Menu

Grab some paper and something to write with.

Think of a few things that you can do for people in your house to show them that you value them. Below are some ideas of things you can do. Choose two or three ideas below and copy them onto a paper. Go to someone in your house, show them the "menu," and ask them to pick something that they would like you to do for them and do it!

Pick 2-3

1. Collect the garbage.
2. Play a game of their choice.
3. Pick up toys.
4. Clean up after dinner.

Know that putting other's needs above yours shows you value them.

DAY
3

Order the Verse

Grab some paper, scissors, and something to write with. Cut five strips of paper. Write one sentence of the verse and the reference on each paper. When finished writing, mix up the order of the verse and then put it back into order to practice.

Ask God to help you value others.

DAY
4

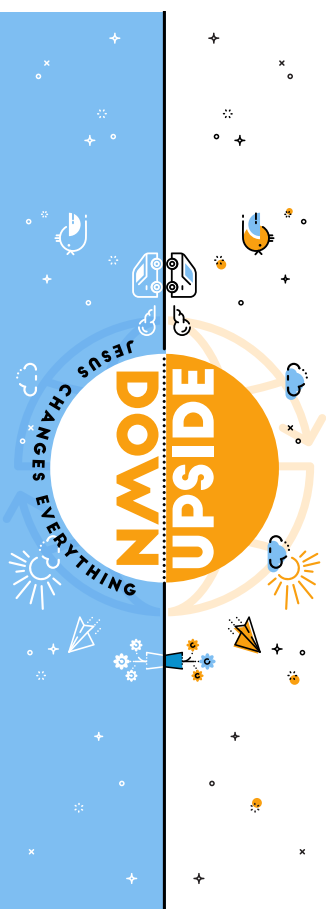
Jesus' Example

Thank God for sending Jesus to teach us how to put others first. Pray something like this:

"Dear God, Thank You for sending Your Son, Jesus, to earth to be an example of how we should put others first. I pray that I can always try to put others first. Even when it's really hard. I love You, amen."

Thank God to sending Jesus to set an example for us.





WEEK THREE

SERVANT PRINCIPLE • PHILIPPIANS 2:3-8



SAY THIS:
 PUT OTHERS FIRST BECAUSE
 JESUS PUT YOU FIRST.



REMEMBER THIS:
 "Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves."
 PHILIPPIANS 2:3, NIR-V



DO THIS:



Some people just seem harder to love than others. But we are all made by God, in His image every person matters to Him. That means that we are called to love everyone. But you don't have to do it on your own. God can give you His love, even for those people in your life who are hard to get along with. Pray that God would help you to show love to the difficult people in your life.

HUMILITY:

PUTTING OTHERS FIRST BY GIVING UP
 WHAT YOU THINK YOU DESERVE

HUMILITY WINS

By Mike Jeffries

Anyone who ever played for UCLA Basketball Coach John Wooden, one of the greatest coaches of all time, knew that he was more about building character than he was about winning basketball games—although he did both pretty well. His teams won ten championships during a 12-year period, the final one in his last year of coaching in 1975.

He was famous for his “pyramid of success,” fifteen different elements like “competitive greatness” and “teamwork.” But Wooden said one quality was more important than all the rest and made the rest possible: unselfish humility. Wooden would tell his players: “Talent is God-given. Be humble. Fame is man-given. Be grateful. Conceit is self-given. Be careful.” Be humble. Be grateful. Be careful. Sounds like he had the balance between ego and humility down pretty well.

David Marcum and Steven Smith, in their book *Economics*, echo Wooden’s sentiment that unselfish humility is the foundational quality for every other step to success. In their book they state, “As a trait, humility is the point of equilibrium between too much ego and not enough.” It’s the proper tension between a discouragingly low self-esteem and exceedingly high self-confidence.

In a book written for the business world, they make a good point: “As an indispensable trait of great leadership,

humility must make its way past the pulpit of Sunday sermons and into the cubicles and boardrooms. Humility should be our first reflex.”

Of course, on our children’s playgrounds, humility looks a lot different than it does in a workplace, a church, or even a college basketball court. As we explore this idea of humility with our kids, we show them humility doesn’t mean getting stepped on or kicked around, or looking down on themselves. “Humility is not the equivalent of being weak, ignored, indifferent, boring, or a pushover,” according to the book. “Humility must include confidence, ambition, and willpower.”

That’s why we’ve chosen to define humility as “putting others first by giving up what you think you deserve.” That’s a scenario every kid can imagine. And it comes right out of the Bible: **Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourselves.** (*Philippians 2:3, NIV*).

Coach Wooden described it this way: “Don’t try to be better than someone else. Always try to be the best you can be.”



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