



INTRODUCTION

In **Luke 24:13-35**, we find two followers of Jesus on their way to Emmaus. From what we read, it seems they were sad and confused by Jesus’ death on the cross. Little did they know that Jesus was walking with them. He explained how Jesus’ death was the answer to years of God’s promises to the Israelites. They were shocked when they realized that this person was Jesus. They ran back to Jerusalem to tell everyone about what they had just seen.

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BIBLE STORY

On the Road to Emmaus — Luke 24:13-35

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.” — Philippians 2:3 NIRV

LIFE APP

Humility — putting others first by giving up what you think you deserve.

BOTTOM LINE

There’s always more to discover about God’s plan.

BASIC TRUTH

I should treat others the way I wanted to be treated.



JESUS CHANGES EVERYTHING

PARENT CUE • PRETEEN • Week of April 26th

Use this guide to help your family learn how God can help us live with humility.

First, watch this video

<https://bit.ly/PreteenUpsideDownWeek4>

Then follow up with the activity below!

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.

Philippians 2:3 (NIRV)

LIFE APP

HUMILITY:

putting others first by giving up what you think you deserve

BIBLE STORY

On the Road to Emmaus

Luke 24:13-35

KEY QUESTION

What have you discovered about God that surprised you?

ACTIVITY: SHOW WHAT YOU KNOW

WHAT YOU NEED:

nothing!

WHAT YOU DO:

Ask your kid to list a few categories of things they think they know a lot about. This could be Disney movies or characters, sports/famous athletes, math or science facts, types of insects—pretty much anything goes! Then pick a category and let someone go first naming something or someone in that category. The next person has to name something in that same category. Keep going without repeating anything, taking turns naming things in the category until someone can’t quickly name something that hasn’t already been said.

Choose a new category and keep playing! If someone names something or someone that no one else knows much about, let that person show what they know! (This is a great time for your kid to show off what they know and get an extra boost of confidence!)

You can end the game either by making the category “Facts about today’s Bible story,” or just read Luke 24:13-35 from the Bible to review the story.

Talk about the Bible story:

- o What was the most important thing that the men on the road to Emmaus discovered? (*Who Jesus is and that He is alive*)
- o What’s something that you discovered in this story?
- o Part of humility is about being willing and open to learning new things. What is one new thing you’ve learned recently? (*Note: If it works/is appropriate for your family, engage your child in a discussion about what they can learn about themselves and your family through the COVID-19 pandemic.*)
- o There’s always more to discover about God’s plan. How do we learn more about God and His plans for us? (*By reading the Bible, asking questions, praying, talking about God with someone else who follows Him*)

PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime right before bed tonight:

“Dear God, thank You that we’ll never stop learning more about You and Your plans for us. Life can get kind of scary sometimes. But we know that You are bigger than life’s biggest struggles, and Your plans for us are good. Help us to always be ready to learn new things about You and about this life You’ve given us. In Jesus’ name we pray, amen.”



PARENT
CUE

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DISCUSSION QUESTIONS

- Why is it so hard for us to admit when we don't know something?
- If there's always more to discover about God, how do we do that? (*Bible reading, prayer, mentor/wise person, application of what you're learning*)
- How can you show humility when it comes to discovering new things?
- Have you ever had someone tell you or teach you something you already knew? How do you show humility in that kind of situation?
 - Is it okay to let others know that you already know something?

QUESTIONS?

Contact us with any questions you have about this activity guide. Please note, we can best support you during the week (Monday thru Friday). No question is too big or too small. We're here to help! With love, Elisa Booker and Danielle Swink





WHY

HAVE YOU DISCOVERED ABOUT GOD THAT SURPRISED YOU?



DAY 5

If you've ever been around a little kid, like a two or three-year-old, you've definitely heard this question:

"Why?" Toddlers want to know the why behind everything. Why do I have to wear shoes? Why can't I eat that? Why is it too early to wake up? Why do I have to go to bed?

Even though the questions stage may be exhausting for anyone who is around a toddler, this is a really important phase for development of their little brains. The more they ask, the more they learn, and they definitely have a lot to learn! The older we get, the more we take pride in what we know. Sometimes, we know a lot. But what we have to know about God is infinite. There is always more to learn. And when we are open to asking questions, we'll find that there's always more to discover.

The good news is, we have lots of ways to discover more about God. We can read His word. We can talk to others about Him, especially people who have been discovering things about God for a long time. And, of course, we can also just go directly to the source and ask God!

Grab a dry erase marker and write the word "WHY" on your bedroom or bathroom mirror. Use it as a prompt to take some time every day to discover more about God: either from reading your Bible, talking to others, or talking to Him.

HUMILITY

PUTTING OTHERS FIRST BY GIVING UP WHAT YOU THINK YOU DESERVE

DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

- 1) **YOU LIKED:** _____
- 2) **YOU LEARNED:** _____
- 3) **YOU'D LIKE TO KNOW:** _____

DAY 2

Read Luke 24:13-35

As you read Luke 24:13-35, circle the paragraph where Jesus' followers try to explain to Jesus what had happened . . . well, to Jesus.

What important thing were the followers missing? (Hint: It's in the second part of verse 25.) _____

The two disciples were sad because they had missed a really important part of the story: Jesus' death was actually prophesied hundreds of years earlier, as was His resurrection! And in fact, this was Jesus standing in front of them right now!

But before Jesus was going to let them know who He was, first He took some time to explain exactly what the prophets had said, and how Jesus was the fulfillment of God's plan to save the world. Jesus wanted to make sure His followers discovered as much as they could about God and His plan!

DAY 3

The disciples walking that road to Emmaus had no idea Jesus was right there with them! How awesome to get to talk to the very One who had come to be the Savior of the world. You can talk to Jesus too! Sure, it's not the same as having Him in the same room as you, but it's just as real and life-changing!

Ask a parent if you can go on a short walk outside. If that's not possible, just walk around your house. Keep your eyes open so you don't fall over something, but as you start out your walk, imagine you are the disciples, confused about what has happened and sad that Jesus has died, but also hopeful that maybe the story isn't over. Now imagine Jesus shows up and walks with you.

As you continue walking, begin talking to Jesus. Start out by thanking Him for humbling Himself to come and die for you.

Then ask Him to reveal even more of Himself and His plan to you. Ask Jesus to help you live a life that is more like His, and to help you to grow "in wisdom and stature, and in favor with God and man" like He did. Pray about anything in your life that you need His help or wisdom with. Close your prayer by asking Him to surprise you today with a new truth about God!

DAY 4

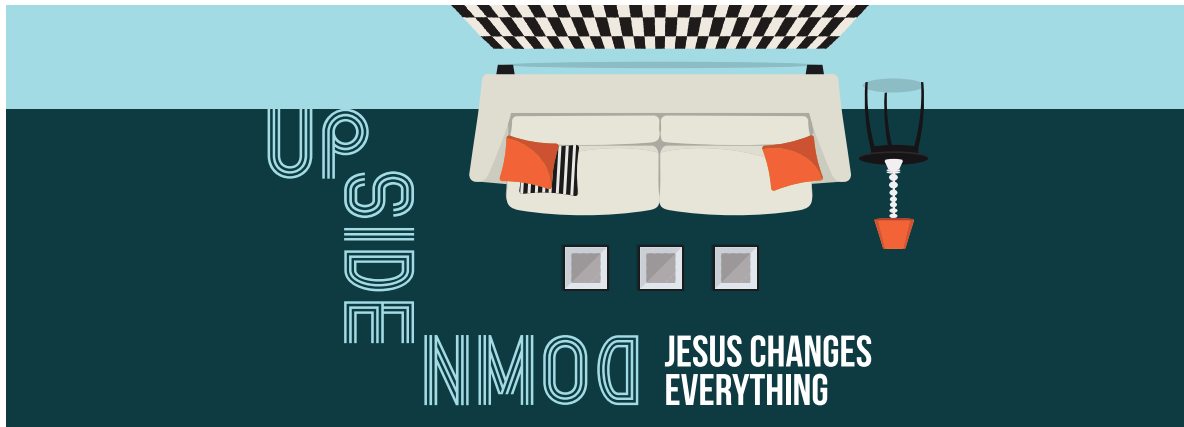
Grab a sheet of paper and write at the top, "What have you discovered about God that surprised you?" Today, you're going to interview a few different people in your life to see what they've learned about God. In the process, you'll probably discover something new too!

As you decide who to interview, consider picking various people, including someone who:

- Has been following God for a long time
- Recently started following God

- You think knows a lot about God
- Lives out humility
- Follows after God closely

As they share with you what they've discovered about God, be sure and share with them something you've discovered too. Take the sheet of paper and put it somewhere you'll see the next few days. When you see it, take a minute to read and remember all the cool things you discovered about God by talking to others who follow Him.



WEEK FOUR

ON THE ROAD TO EMMAUS • LUKE 24:13-35



ASK THIS:

WHAT HAVE YOU DISCOVERED ABOUT GOD THAT SURPRISED YOU?



REMEMBER THIS:

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves."

PHILIPPIANS 2:3, NIrV



DO THIS:



While in the car ask your preteen, "What is a way you put others first? Have you ever noticed someone putting you first? How did that make you feel?"

HUMILITY:

PUTTING OTHERS FIRST BY GIVING UP WHAT YOU THINK YOU DESERVE

HOW TO RAISE A JERK

By Reggie Joiner

Most parents don't set out to raise kids who become jerks. But parenting kids who have a mind of their own can be confusing.

Some people say too many who work hard at building children's self-esteem are raising kids who will exhibit a lifestyle of entitlement and egotism. Other specialists say those who talk about children being innately bad are raising a generation that feels inferior and insignificant. Every expert has an opinion and it's hard to know where the line actually is. Many promote their agenda by pushing the opposing opinion to the extreme.

One of the keys to parenting with balance is helping your children develop an attitude of humility. Every child has the potential to grow up and understand why it's important to "put others first." There is just a fine line between raising kids who have a healthy self-esteem and kids who are too egotistical.

A life of arrogance that goes unchecked can result in a sad and lonely existence for someone, and frankly there are enough self-centered people around. How does someone develop an overinflated sense of self-worth and entitlement?

Here are a few ideas to help you unintentionally, but effectively, raise a jerk:

- Protect them from the consequences of their own mistakes.
- Make sure you do whatever they can do for themselves.

- Keep them away from anyone who thinks differently than they do.
- Try to give them everything they want.
- Tell them over and over again you just want them to be happy.
- Convince them that they are more special than other kids.
- Always take their side when they get in trouble with their teacher at school.
- Always take their side whenever they are in a conflict with a friend.
- Keep insisting that they are the best player on the team.
- Don't give them consistent opportunities to help or serve other people.
- Never require them to do chores.
- Reinforce their prejudices about people from different cultures or backgrounds.
- Make your relationship with them more important than your relationship with your spouse.
- Rarely express genuine gratitude to those who help you.
- Teach them to talk more than they listen.
- Never let them hear you say, "I was wrong. I am sorry."

Maybe you can add a few ideas of your own . . . on how to raise a jerk.

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and parenting resources, visit:

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