

TRINITY GRACE CHURCH SUNDAY, MAY 10, 2020

INTRODUCTION

In week two, head to Acts 2:1-41 and find out how the disciples would have the strength to keep going and tell the world about Jesus. As the disciples were gathered together, the Holy Spirit came upon them and empowered them to preach with boldness. Peter preached the message of his life, and over 3,000 people put their faith in Jesus.

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2	Activity Page & Discussion Questions	Family Play & Conversations Starters
4	Memory Verse Poster	Hang it up to learn the verse
5	God Time	Weekly Activities for Kids
7	The Parent Cue	Inspiration for Parents

BIBLE STORY

The Holy Spirit Comes at Pentecost — Acts 2: 1-41

MEMORY VERSE

"Let us not become tired of doing what good. At the right time we will gather a crop if we don't give up." — Galatians 6:9 NIrV

LIFE APP

Determination — Deciding it's worth it to finish what you started.

BOTTOM LINE	BASIC TRUTH
God gives you what you need to keep going.	l can trust God no matter what.



Use this guide to help your family learn how God can help us live with determination. First, watch this video: https://bit.ly/KidsUnstuckWeek2 Then follow up with the activity below!

MEMORY VERSE

"Let us not become tired of doing good. At the right time we will gather a crop if we don't give up." Galatians 6:9, NIrV

LIFE APP

DETERMINATION: Deciding it's worth it to finish what you started

BIBLE STORY

The Holy Spirit Comes at Pentecost (Acts 2:1-41)

BOTTOM LINE

God gives you what you need to keep going.



Download the free Parent Cue App AVAILABLE FOR IOS AND ANDROID DEVICES

ACTIVITY: Determination Is Delicious

WHAT YOU NEED:

Cheerios, Froot Loops, or other circular cereal, or beads; as well as a pipe cleaner, string, plastic lacing cord, etc.

WHAT YOU DO:

Challenge your kid to thread the cereal (or beads) onto the pipe cleaner or string. The catch is, they can only use one hand! Encourage them to get creative with how they hold the pipe cleaner or string in place while adding the cereal (or beads). This will be a challenge, for sure, but let your kid know that you believe they're up to the task! When they finish, help them tie the string or pipe cleaner onto their wrist and wear it like a bracelet. If you used cereal, let your kid eat the fruits of their labor!

Engage them in a conversation about what it felt like to get frustrated with something, but then to be able to push through that frustration. Ask about some frustrating situations your family has recently experienced—and talk about how you can keep going instead of giving up.

Talk about the Bible story:

o What was the task that Jesus gave to the disciples right before He was taken up to heaven? (Hint: See Matthew 28:16-20.) (To tell everyone about Him; to spread the word all over the world)

o Why would the disciples need determination to spread the word about Jesus? (Because there are a lot of people in the world; they didn't speak the same language as everyone in other countries)

o How did the Holy Spirit help Jesus' followers tell others about Him? (The Spirit made it so they could speak and everyone could understand, even if they didn't speak the same language already)

o How does the Holy Spirit help us today? (When we believe in Jesus and what He did for us, God gives us the help of His Spirit; the Spirit helps us find the strength to keep going)

PRAYER

Use this prayer as a guide, either after talking about the Bible Story or sometime before bed tonight:

"Dear God, when something is really hard and we want to give up, please give us what we need to keep going. We know that there's a lot we can't do on our own, but You want to help us have determination. When we get discouraged, please encourage us with Your Spirit. And when the people we love get discouraged, help us to know how to encourage *them* to keep going, too. Thank You that You've never and WILL never give up on us! In Jesus' name we pray, amen." — Encourage your kids to share about a time they wanted to give up but they didn't. What helped them keep going?

— But the Father will send the Friend in my name to help you. The Friend is the Holy Spirit. He will teach you all things. He will remind you of everything I have said to you. (John 14:26, NIrV)

— We often talk about how God is with us, but this verse really hammers it home. God is with us via His Holy Spirit; He sent something specific to help us.

— How does it feel to know that God is with you in a specific and intentional way?

— What can you do to remember this verse and let it encourage you when you get worn out?

 What current situation are you in right now that you need to access some determination for?

QUESTIONS?

<u>Contact us</u> with any questions you have about this activity guide. Please note, we can best support you during the week (Monday thru Friday). No question is too big or too small. We're here to help! With love, Elisa Booker and Danielle Swink

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it's worth it to finish what you started Deciding

BOTTOM LINE: God gives you what you need to keep going.

Read 2 Corinthians 12:9

WEEH

Finish the Race!

Have you ever been in a race? Talk about things that you think you would need to keep going and not quit your race. Cold water to drink, your friends or family to cheer you on, a wet towel to keep you cool are good examples. Guess what? God also gives us what we need to finish anything we start and He doesn't expect us to do it on our own. We can rely on God to give us the strength we need to keep going, even when it's hard! Close your eyes and think of something that you want to ask for God's help with. Pray something like this:

Dear God,

Thank You that You are there to cheer me on and to be my helper when I need it! Right now, I want to ask for Your help with _. Please help me to finish well and to not give up because You have given me what I need! I love you! Amen.

You Are Strong!

Ask your sibling or a friend to do an experiment with you. You are going to try to do as many pushups as you can in complete silence. (Be sure to count them). Take a break and then do them again BUT have your sibling or friend cheer you on with every push-up. How did you do? You probably did more push-ups with someone cheering you on. Guess what? That's just what God does for us. He is for us; He encourages us and gives us what we need every step of the way. So be strong! You have the Creator of the universe cheering you on!

Remember that you can be strong because God is cheering you on!

We Have What We Need

Ask an adult to help you look up our Bible story from this week in Acts 2:1-47. Read through the story together and talk through the following questions together.

* What did Jesus ask the disciples to do? * How was He going to help them do this?

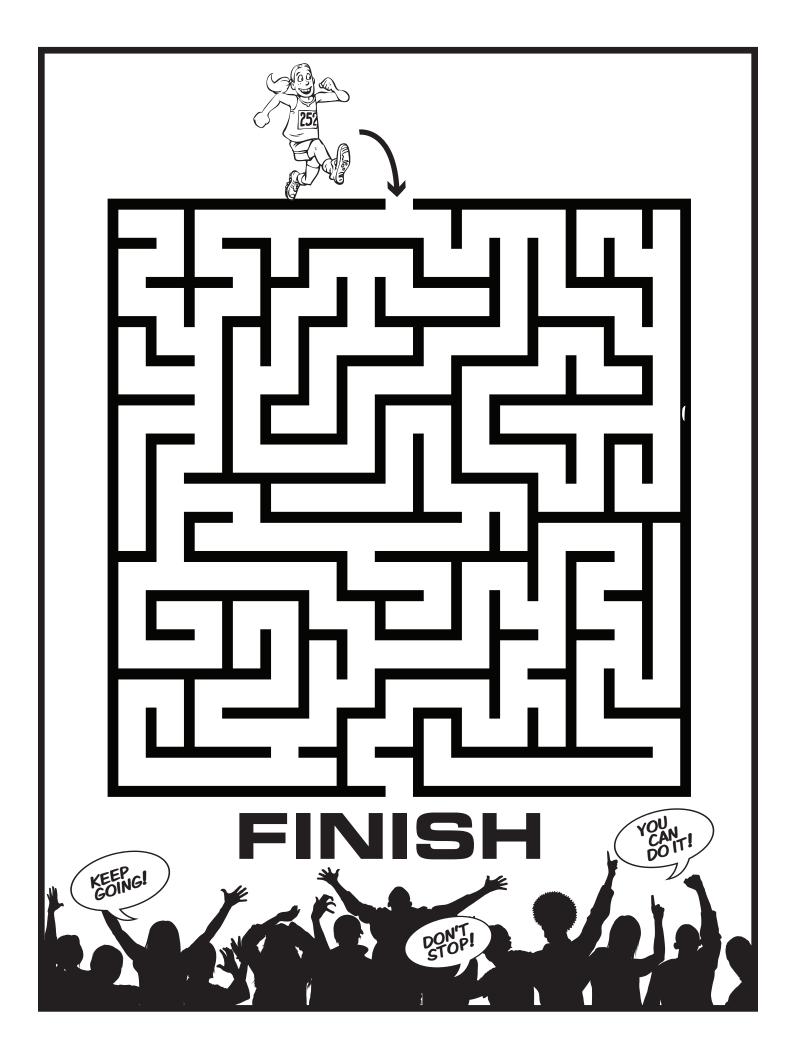
With an adult, turn off all the lights in your house and find a penny, a piece of string, your favorite stuffed animal, and a matching pair of socks. That sounds impossible right? Well, if you grabbed a flashlight then you could do it. That's like what Jesus did for His disciples. He gave them a flashlight, the Holy Spirit, to help them!

Know that God will give you whatever you need to do what He asks you to do!

He Is Strong!

Ask an adult to help you look up 2 Corinthians 12:9. What an amazing verse for us to remember! How cool that the God of the universe tells us that all we need is His grace and that He is strongest when we are at our weakest. Ask an adult to help you write the verse with washable marker on a bathroom mirror where you can read it every day! The next time that you are feeling like you can't do something or that you don't have what it takes, I want you to read this verse

Thank God that He is all that you need.



MAY 2020 ELEMENTARY



WEEK TWO

THE HOLY SPIRIT COMES AT PENTECOST • ACTS 2:1-41



GOD GIVES YOU WHAT YOU

NEED TO KEEP GOING.



REMEMBER THIS:

"Let us not become tired of doing good. At the right time we will gather a crop if we don't give up." GALATIANS 6:9, NIrV



Q&A for parents: What is something that you started and finished that changed your life? How would your life be different if you hadn't seen it through?

DETERMINATION:

DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

EVERY MOTHER IS A WOMAN OF VALOR

By Sarah Anderson

"Thank you for making this dinner! But I think I like Dad's spaghetti better." It was so close to being a compliment, but I'll take it. My five-year-old was right. I put forth a good effort, but his dad is the better cook. Mothering can feel like this at times. Like you are just close enough to getting it, only you just didn't make the cut. You want to be the best. But these days you'll just settle for someone noticing your effort. "Thanks for trying, but . . ."

Mother's Day can feel like the day to celebrate the golden standard of mothering, leaving you to hope others don't get close enough to see how insecure parenting really makes you feel. I get it. But I'm starting to think on days like Mother's Day, or any day we feel inadequate, the last thing we should be doing is worrying over everything we're not.

Proverbs 31 is famous for the picture it paints of the ideal woman. It's today's domestic superhero. The wife of noble character it describes is nothing short of intimidating—getting up before dawn, making her family's clothes, and conducting lucrative business with her handiwork. It's a beautiful picture, but sounds so daunting.

The Hebrew words used to describe this elusive woman are eschet chayil, directly translating to "woman of valor." But interestingly, this doesn't imply something women should aim for. It asserts we've already accomplished it.

These words are celebratory, meant to be a blessing, spoken over the valorous women in our lives. It isn't, "Next week, work a little harder on making your own bread." It's, "You love our family well you are a woman of valor! Eshet chayil!"

Sure, we may miss the mark sometimes. But there are a million things we have done and are doing that make us, that make you, worthy of the title, "woman of valor." For the clean dishes, homework help, warm hugs, listening ears—for the courage to get up each day, every day, and do it all again, *Eshet chayil!* You are a woman of valor.

This Mother's Day, instead of feeling inadequate or guilty for what you think you ought to be, but can't muster the strength to actually be, be encouraged. You are doing a great job. You are worth celebrating. And if no one else notices, your Heavenly Father does. He looks at you and says, "Eshet chayil!" Nice work, mamas.

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